

Dr Edward de Bono's - Six Thinking Hats®

The Problem

How many times have you attended a meeting which went on too long and had no useful output?

Answer: Too often. We have many good tools for argument and analysis, but they depend on adversarial thinking where each person has a point of view and tries to persuade other people of its benefits. While this system can sometimes reach a solution, in reality most discussions result in very little constructive output, only bruised egos.

The Solution

Parallel Thinking offers a practical alternative. It encourages co-operation, exploration and innovation. Parallel Thinking helps people lay out all views side by side in parallel to consider how to move forward. With the Six Hats method, you can separate out the different aspects of thinking, instead of trying to do everything at once. This is co-operative, co-ordinated thinking.

This one-day workshop will introduce the Six Thinking Hats technique and its application. It will help you conduct meetings or discussions which focus on high value outcomes in a positive co-operative atmosphere.

Workshop Outline

- The nature of thinking
- Why we need to change our behaviour
- Why argument is inadequate
- Introducing the Six Thinking Hats
- Why very little new thinking is accomplished at meetings
- Tools and techniques focusing on each hat
- Occasional use of Six Hats
- Systematic use of Six Hats
- Frameworks for structuring meetings and focusing thinking
- How to turn disagreements into positive contributions
- Techniques for opportunity thinking
- Programming meetings for a successful outcome
- Creating the action plan

Who Should Attend

This workshop is designed for all business people who wish to improve teamworking, hold more productive meetings, generate new ideas and solve problems faster. Managers and executives who want greater levels of innovation and creativity.

It is especially valuable for a whole team to learn the technique.